

Natasha and Derek Rawnsley Calvert Trust, Kielder Review 23 – 30 July 2018

* Information from the guest guide in our room.

***Location**

Situated in the breath-taking Kielder Water & Forest Park, home to the largest man-made lake in Europe, we offer the perfect base to explore to Northern most counties of England and the Scottish Borders. As one off the UK's most beautiful areas, this location offers the multi-user Lakeside Way, 27 glorious miles of shoreline, a magical environment full of wildlife and flora, fresh clean air and magnificent expansive horizons – plenty to fuel the imagination.

***What is included**

Fully trained staff in 24 hour attendance

All meals and beverages

Provision for special diets

Laundry service if required {the Calvert Trust cannot take responsibility for property which is lost or damaged during a person's visit)

Use of the Hydrotherapy Pool

A selection of activities each day

Nurse call system

Use of the Snoozelene

***What is not included**

Dry cleaning

Drinks at the Bar

Aromatherapy/Reflexology

Transport to and from Calvert Trust

***Meal times**

Breakfast 08:00 – 08:45

Lunch 12:30 – 13:15

Dinner 18:00 – 19:00

Menus are varied and favourite dishes and special diets can be catered for.

Tea, coffee and other hot drinks are served and always available. Including dilute juice and water.

My husband, Derek, and I stayed at the Calvert Trust, Kielder for a week. 23rd – 30th July 2018

It was very enjoyable and good to be outdoors doing activities. It certainly made a change to trips out for lunch or shopping.

On arrival the staff, are very welcoming and showed us where the dining room is and then took us to our room.

It had a wet room, with toilet, sink and shower. A shower seat was provided for me on request.

There were two chest of drawers, a cupboard (hangers provided) and bedside tables.

Towels were provided.

Each day there were generally morning and afternoon activities. We would either take a packed lunch or return to the Calvert Trust centre for lunch.

Travel to the activities is coded GB (Golf Buggies) or MB (Mini Bus) to indicate the mode of transport to the activity.

Lunch is coded either at CT (Calvert Trust) or PL (Packed Lunch).

These are the activities that were offered during our stay.

	Morning	Lunch	Afternoon
Monday			Arrival, unpack, dinner.
Tuesday	King Swing	CT	Sailing MB
Wednesday	Discovery Museum MB	PL	Discovery Museum
Thursday	GB ride about in local area	CT	Canoeing MB
Friday	Power boating GB	CT	Tower Knowe Visitor Centre MB
Saturday	GB to Leaplsh Waterside Park	PL	Kielder Water Bird of Prey Centre
Sunday	Hexham Abbey MB	PL	Bowling
Monday	Departure		

In the evening after dinner we were free to do as we pleased. Some evenings had activities with visits from outside groups. Kielder Bird of Prey Centre brought some owls and a falcon. Another night there was a visit from a snake and spider. Quiz



night and disco night. Derek played dominos with other guests.

There is a television room. The indoor swimming pool, (4'8" deep, lovely and warm) has easy access via steps or a hoist for those who need it. We booked it for an hour on our last evening there and wished we'd done it sooner because we would have indulged more than once.

The Calvert Trust ensure that if we are travelling on golf buggies to somewhere that any equipment we may need at the destination be it wheeled walker or wheelchair that it is taken to meet us at the other end.

Waterproofs are provided if requested.

The dining room is set out with a counter at one end where you put your tray on the front and slide it along to get select and collect your dinner a bit like school canteen. For people with limited mobility the staff will help and are always on hand, to help you collect your meal and take your tray to the table. The staff were amazing!

Meals were ample and absolutely lovely. They respected the fact that I'm a vegetarian, that doesn't like mushrooms...

There was plenty of choice for the breakfast, dinners and desserts.